

St John Vianney Catholic School

School Newsletter

Edition: 283 28th March 2024

"Everything we can be, with Christ in our hearts."



A Happy & Blessed Easter to all of our Families!

We arrive at the end of another term, again, with much to be proud of. Our Chair of Governors has included a message in this newsletter which sums up the pride we should all have for the great work we do together.

I stood at the back of a packed hall today and watched as our Year 5s put on a wonderful Easter Liturgy and listened as all 200+ of our children sang with gusto, harmony and togetherness, and I felt that pride very keenly indeed.

Wishing you all a happy and blessed Easter with you family and friends!

S. McNicholas, Headteacher

HAPPY
Easter



Dear Parents, Carers and Children,

Last year I wrote to you all to speak of my pride in the outcome of the visit to the school by the Ofsted Inspector in December 2022. I now want to express how absolutely thrilled I am that the inspector's judgement a year ago has been fully endorsed by the recent full inspection of our wonderful school, culminating in the achievement of an 'Outstanding' judgement.

Once again, I would like to highlight some of the wonderful comments made in relation to the school. In particular:

"Pupils receive an exceptional education at this school"; "pupils thrive because the school has high academic ambitions for all"; "respect is a core value at the school"; "behaviour is exemplary and pupils are highly motivated to learn".

Examples are given within the report of the strength and richness of the curriculum, the excellence of the teaching and the commitment and dedication of all the staff. I am extremely proud to be associated with such an amazing team.

However, the real praise in this report and, indeed, in all interactions we as governors have within the school, must go primarily to your wonderful children who are a credit to their families and carers demonstrating a consistently high standard of behaviour and incredible enthusiasm.

Thank you all for your patience during our unfortunate experience with the RAAC found in our school hall – the stoicism and positivity of all involved was very much appreciated by all staff and governors.

As many of you will know, this is a challenging time financially within education and our lovely school is no exception to this. However, I am pleased to tell you that all governors are dedicated to ensuring the best possible educational experience for your children in a safe and happy environment, whilst remaining true to our school motto: "Everything we can be, with Christ in our hearts".

Should you wish to share any thoughts or ideas with us, please contact the parent governors or myself through the school office.

With all best wishes for the remainder of 2024.

Kind regards

Catherine Smith

Chair of Governors



Notices

School reopens to pupils at 9am on Monday 15th April.

School Closure on Thursday 2nd May :

It is in use as a polling station.

Taster Session: Thank you to those that came along to the taster session from the school's caterer. If you have any feedback, please let the office know via

admin@st-johnvianney.haringey.sch.uk





This year St John Vianney school will be 50 YEARS OLD!

SAVE THE DATE

The Friends of St John Vianney school are planning a summer Fayre that will be held in the school playground on Saturday 29th June, midday till 4pm, to celebrate.

WAYS TO GET INVOLVED

We want people to join in to make this an event to remember! If your child is part of a dance class or music group that might like to perform for 1-10minutes on our stage, get in touch!

If you have a catering background, or have a passion for cooking a particular food that you could make in quantity for the event, please get in touch!

If you have SJV uniform that's in good condition but that your child has grown out of, save it and there will be a collection closer to the date.

Or If you'd like to help with the planning of the Fayre, the fundraising or have another skill – do get in contact with your Friends of SJV class rep, or email us: sjvfriends@gmail.com

And keep a look out for further notices....



Our school, St John Vianney, is going to be celebrating a very special birthday – it is **50 years old** this year!

As part of the celebrations we are asking you, the pupils, to help us by creating a drawing and some words that celebrate what makes our school unique.

Every drawing and all your words will be displayed at the Summer Fayre, and the winning drawing and words will be used on posters and items such as baseball caps for people to buy.

You child will have been provided with the template by their teacher- so there is no printing required.

The Drawing – some tips:

Please do your design inside the **circle** of the template.

Be bold in colour and design – imagine someone needs to be able to see what it is from the other side of the classroom.

Draw something that represents why you think St John Vianney school is special – your reason why we should celebrate its 50th anniversary.

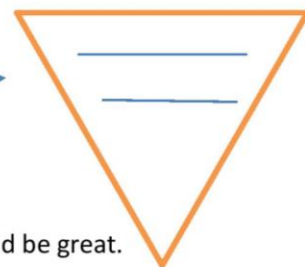
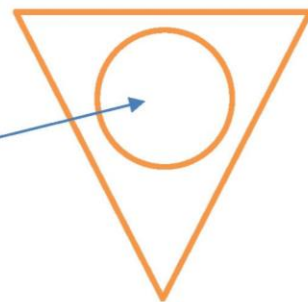
The Words – some tips:

Complete the sentence: **St John Vianney school is special because....?**

This doesn't need to be long. As few words as possible to express your top idea would be great.

We'd like you to think about how you'd finish this sentence if you were talking to someone who has never been to our school. You might want to consider what are the strengths of our school community? What makes you feel happy at school? Is friendship, learning, faith or being together most important, or are there other things that are more important for you? Why do you think we should celebrate the 50th anniversary?

Please use the template supplied for the drawing and words and submit to your class teacher on the first day back after the Easter holidays.



Year 4 & 5 Stations of the Cross



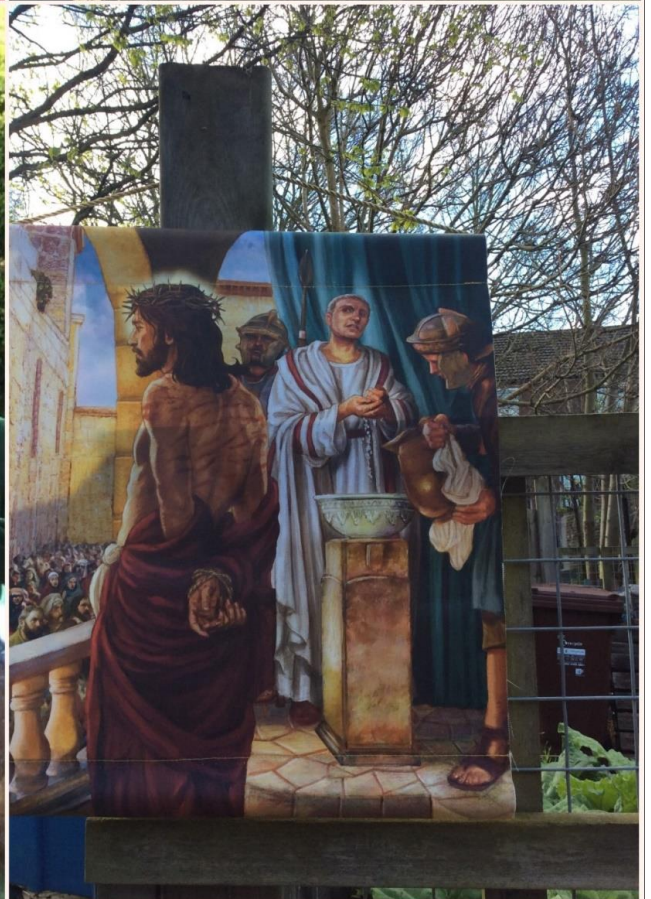
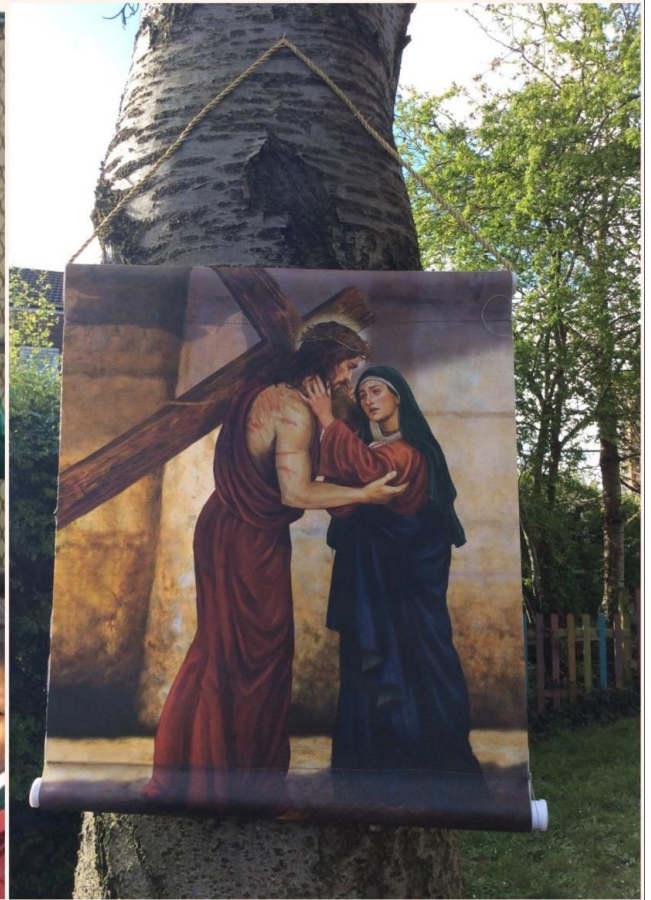
Year 6 helped the rest of the school prepare for Easter, marking Holy Week by sharing the Stations of the Cross.



Reception & Y1 Stations of the Cross



Year 2 & 3 Stations of the Cross



The Gift of Chocolate!



Fr. Jerome too deliver of the last of the donations for the Haringey Migrant Support Centre. An excellent way to live out our Catholic Social Values this Lent.



Easter Liturgy 2024



The children of Class 5 gave a wonderfully moving performance today of the Passion. Great ensemble acting and the signing was out of this world, from solos to the counterpoint harmonies involving the whole school – incredible direction and 'magic' from Ms. Griffin again!



Easter Liturgy 2024



The Bunny Returns!



It wouldn't be Easter without a sighting or two of our very own Easter Bunny! Goodness what she does the rest of the year, but she turns up, unflinching, to baffle and excite in equal measure!



The Bunny Returns!



Easter Buddies!



Year 1 took the time to give their Year 5 Buddies an Easter sticker and a nice big hug! Thanks for a top-Buddy term!



Spag Bol in Class 5 D&T



Year 5 were chopping up a storm as they created their own version of the Italian classic Spaghetti Bolognese in Design & Technology!



Online Safety

At The National College, our WakeUpWednesday guides empower and equip parents and carers with the confidence and practical skills to be able to have informed and age-appropriate conversations with their children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips please visit nationalcollege.com.

10 Top Tips on Supporting Children with SELF-REGULATION

Children need to learn to understand and recognise their emotions, while finding healthy ways to process them. Emotional self-regulation, however, depends heavily on age and development. While very young ones or children with special educational needs and disabilities (SEND) may find it particularly challenging to self-regulate, nurturing these important skills can be hugely beneficial. Here are ten top tips for supporting children with their self-regulation.

1. DESIGNATE A TRUSTED ADULT

It's vital that children feel safe and know that there's someone they can always go to for help if they need it. Schedule consistent times for the child to develop a relationship with this person – ideally through play and games – allowing trust to grow and ensuring that the child is more likely to come forward if anything is wrong, rather than hiding their emotions.

2. MEET CHILDREN HALFWAY

Unless you know where a child is developmentally and tailor your approach to their needs, you're less likely to have an impact. In particular, younger ones and children with SEND can struggle to self-regulate and instead rely on others to help them. We call this 'co-regulation'. Rather than offering strategies for self-regulation, it could be better to start co-regulating with a trusted adult first.

3. FACTOR IN THEIR BASIC NEEDS

Remember that for a child to develop emotional regulation skills, their basic needs must be met first. Children who are hungry, tired, cold and so on – as well as those who have experienced adverse childhood experiences – may struggle to self-regulate. Before you develop strategies with any child, make sure they feel safe, secure and comfortable in themselves.

4. REMAIN PATIENT

If a child is struggling with their emotions, it can often become difficult to stay calm. Remember that dysregulation is beyond their control, so a display of frustration or anger could negatively impact the situation. Instead, children need to be met with comfort and understanding to help them manage these problematic feelings.

5. BE 'A DYSREGULATION DETECTIVE'

While some children can tell you why they become dysregulated, many others can't. You could investigate potential triggers by observing the child and talking to their family. When the child becomes dysregulated, note down details like the time, what they're doing and who they're with – the trigger may be someone they sit near, an unmet sensory need or something else entirely. Once we identify some triggers, we can help to avoid or overcome them.

6. USE SUITABLE LITERATURE

There are some wonderful books that can help you teach self-regulation to children. Reading these with a child can be especially powerful. Take time to discuss the content: ask questions about what feelings the characters had, why they felt that way and what strategies helped them. It can also be useful to refer back to snippets of these books at appropriate moments.

7. TRY SENSORY RESOURCES

An overlap between sensory needs and emotional regulation is possible. Children may struggle to self-regulate if they're experiencing sensory overload (a noisy classroom, for example). Positive sensory input can help calm them down. Use resources such as weighted blankets and fibre-optic lights. Of course, what works for one child might not work for another – so it's important to offer a choice of resources to discover which they prefer.

8. NURTURE INDEPENDENCE

If you feel it's appropriate, let children try out these strategies alone. Always offer them a choice: they could listen to music when they're feeling stressed, for example, or they could write down their worries or draw something to represent how they feel. This may take time for the child to get used to, so be patient. Encourage them to share any helpful strategies with a trusted adult.

9. MODEL GENUINE FEELINGS

Children learn a lot just from watching grown-ups. Don't be afraid to show your own emotions and self-regulation strategies. While you'll obviously want to avoid sharing anything too personal with children, they should still see us experiencing and handling our own feelings. Tell them how you are feeling, then show them how to respond in a healthy manner.

10. FORMULATE A PLAN

As much as we try to prevent children from experiencing dysregulation, it's always wise to have an appropriate plan for when it does happen. Discuss this strategy with the child (if appropriate) and their family. The best approach for an individual child is often a bespoke one; it's hugely important to know in advance what might help and what could worsen the situation.

Meet Our Expert

Georgina Durrant is an author, former teacher, Special Educational Needs Coordinator and the founder of the award-winning SEN Resources blog, where she shares activities, advice and recommendations for parents and teachers of children with SEND.



The National College

Community notice: NB participation is at your discretion; we do not endorse or accept responsibility for the quality of this provision



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Checkmates Chess Club at St Ann's Library

Fridays: 4.00pm - 5.00pm
for children aged 7 to 16

Come and learn to play chess with Emma -
even if you don't know a rook from a bishop!
Experienced players are also welcome.
Maximum of twelve children per session -
first come, first served.

St Ann's Library, Cissbury Road, London N15 5PU

Haringey
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celebrate!

HAPPY
BIRTHDAY



Not only a super swimmer,
but picking up '50 skills' at
Explorers!



BSL Champs!





It's Goodbye and Good Luck
in your new schools!
We'll miss you!