

# School Newsletter

Edition: 279 1<sup>st</sup> March 2024 *"Everything we can be, with Christ in our hearts."* 

### Community

Our strength is undoubtedly built upon the effort that everyone puts into playing their part in our community.

I have never worked in, or seen, a community that works so well together. Parents, teachers and governors go about our business with a professional dedication, mixed with humanity, empathy and humour. It is a potent combination and the beneficiaries are, of course, our deserving children.

We have started our Catholic Social Teaching theme for Spring 2 – **Community and Participation**, and while I have told the children that they are already \*really good\* at this, there is always space to grow, improve and blossom when it comes to high-functioning communities. And they will rise to the challenge!

As always, it's their personalities and the million acts of kindness and happiness they pack every morning to being to school that makes it a joy to work here. We are blessed, and long may it continue!

Have a lovely weekend everyone – see you on Monday...

S. McNicholas, Headteacher





# Our Celebration of the Word

## Community

As humans, we are made to live in **community** with one another.

This means being active members of the world we live in.

We are meant to look out for each other and build each other up.

This is how God wants us to live.

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You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the first and great commandment. And the second is you shall love your neighbour as yourself." Matthew 22:37-39





A HUGE thank you to Ms. Adler, who leaves us today to begin a new adventure in Hertfordshire! We are so grateful for her 3 years at SJV, where she has been an incredible teacher, colleague and friend to us all! Come back and see us soon!!

## **Notices**

# Parent Teacher Meetings: Monday 4th March to Thursday 7th March

Entrance on Monday for meetings <u>before the end of the</u> <u>school day will be via the school playground</u>. Entrance for all <u>after school meetings will be via the school</u> office.

Please be aware there will be no supervision available for children so if you do need to bring your child / children please make sure they have something with them to do while you see their teacher.

### Friday 8th March : World Book Day celebrations -

Friday is a non uniform day. The theme is 'You Are A Reader'. Join us for assembly on Friday at the usual time for our World Book Day 'Catwalk'

### Scholastic Book Fair:

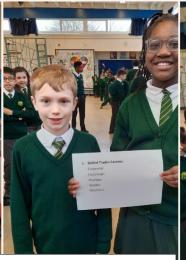
Each evening after school at 3.30pm in the school hall from

- Friday 8th to Wednesday 13th March
- Friday 8th : Classes 5 & 6
- Monday 11th: Nursery and Reception Class
- Tuesday 12th March: Classes 1 & 3
- Wednesday 13th March: Classes 2 & 4

### Thursday 2nd May - School closed:

The shool is being used as a polling station.





In PSHE this week, we talked about the range of jobs available (typically) in London and asked the children to create a 'human bar chart' to help us see what they are currently drawn to. Interesting...







2 Healtheare Ca Doctor Nurse Dentist Veterinarian pharmacist

These are our technologists and scientists! Discovering new things and powering our computers!

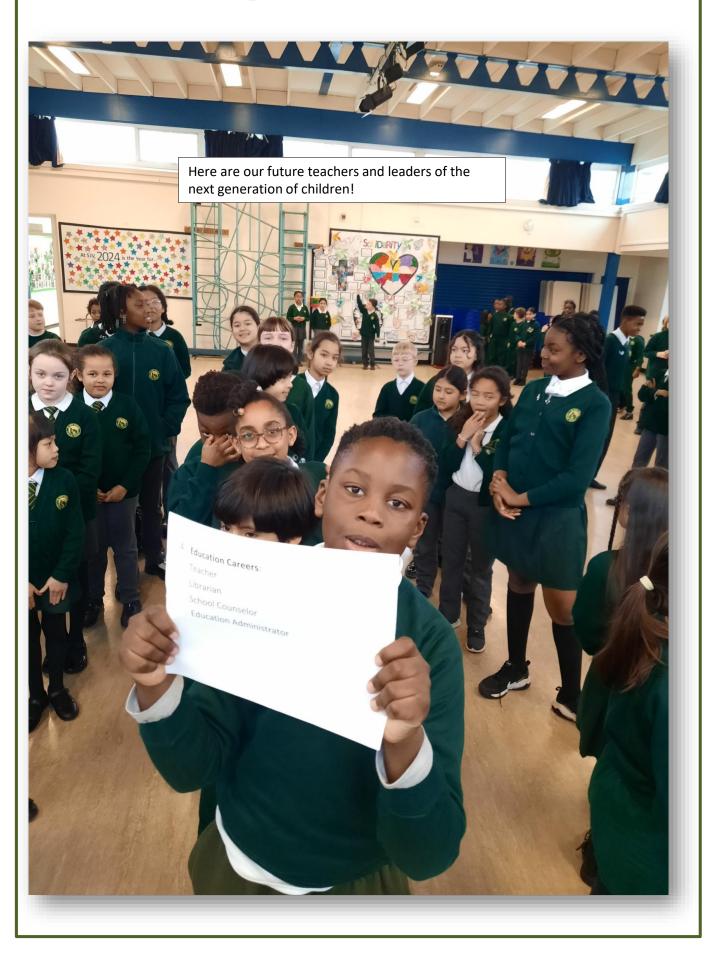
### 1. Technology and Science Careers:

- . Scientist
- Engineer
- . Mathematician
- . Computer Programmer
- . Technologist

Quiiite a lot of our children want to be the entertainers of the future – writing books, making music and screen and stage stars!

## 3. Creative Arts Careers:

- . Artist
- . Musician
- . Actor/Actress
- . Writer
- . Filmmaker



If you are unwell in a few years, these may be the ones to nurse you back to health!

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Healthcare Careers:

- 2. Doctor
  - Nurse
  - Dentist
  - Veterinarian pharmacist

The future glue of our future societies – keeping us safe! A small, but robust group!

Public Service Careers:

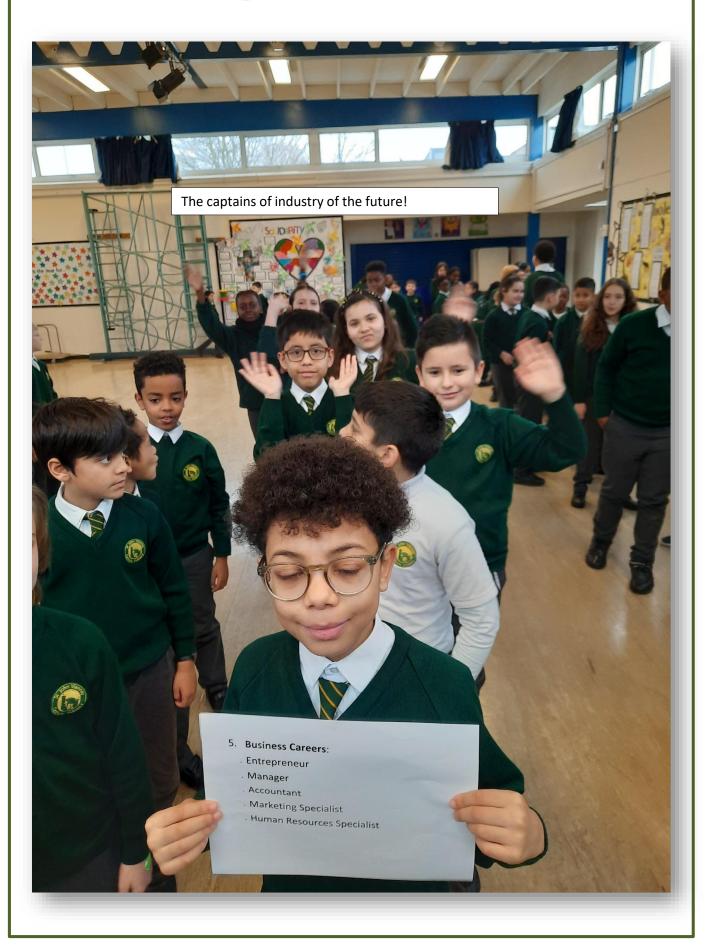
Police Officer

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Social Worker

- Environmentalist



We may be a little low on electricians and other tradespeople! We'll have to work on that...

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### 8. Skilled Trades Careers:

- . Carpenter
- Electrician
- . Plumber . Welder
- . Mechanic
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By far the biggest group – the sports stars, fitness workers and coaches!

### 9. Sports and Fitness Careers:

- . Athlete
- . Coach
- . Personal Trainer

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- . Physical Therapist
- . Sports Journalist

## **Y1** at the London Transport Museum

And...last but not least, these two may well save the planet! I certainly hope so ...

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- 10. Environmental Careers: Conservationist
- Environmental Scientist Park Ranger

- Sustainability Specialist Marine Biologist

# NURSERY PLACES Spring Term 2024

Application forms for admission to our nursery in the spring term 2024 are now available from the school office for children completing 3 years this autumn..



# Online Safety

At The National College, our WokeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate chanage. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

# Top Tips for Supporting Children Who Are

In a DfE survey, 36% of parents said that their child had been bullied in the past year, while 29% of secondary school headteachers reported bullying among students. Public Health England states that young people who maintain positive communication with their family were less likely to experience bullying - so it's important that parents, carers and educators know how to talk to children about bullying.

#### 1. WATCH FOR **BEHAVIOURAL CHANGES**

Children who are experiencing bullying may become quiet, withdrawn, or anxious; however, they may also act on the pain and anget that they'ro feeling. A shift in attitude towards their existing friends (or not mentioning them any more at all 0 or alluding to new triendships which seem notably different could also be warning signs. It's important to be alert to such changes and talk to your child about them if they occur.

#### 2. THINK THINGS THROUGH

ore acting, ask yourself if this is the right time d place to address concerns about bullying, ht your worries trigger strong feelings – haps from your own experiences – that could courage your child from opening up to you? to could try discussing what you've noticed h another trusted adult who knews your to woll

#### 3. BE OPEN AND UNDERSTANDING

Try to outline to your child the changes that you've noticed in their body language, appearance, behaviour, or tone of volce – and do so without sounding judgemental. Help the to describe what they're feeling – be it anger, sadness, fear or something else – as accurate as possible. If they say they're 'angry', do the mean 'enraged' er 'frustrated'? This will help them to understand how they're feeling and why.

#### 4. LET THEM SPEAK FREELY

Use open questions and a welcoming tone to encourage your child to talk. Listen closely and summarise what they've said at appropriate points (ideally without interrupting) to demonstrate that you're understanding clear Bullying may have undermined your child's sense of control, and they may fear that you'll judge them, overreact or impose consequence = so this conversation can reasure them bein honest with you was the inder design. est with you was the right decisi

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### 5. CALL A TIME OUT

A conversation about bullying could leave both you and your child feeling distressed, it's important to recognise this and pause at suitable moments to calm down. Take deep breaths, enjoy a hot drink or even have a cathartic cry. This can reinforce trust, while also helping you both feel that you have control ever the situation and the emotions that you're taken.

### Meet Our Expert

Bob Basley is the Director of Anti-Bullying Quality Mark-UK, which challenges and supports schools to develop sustainable whole-schoc approaches to prevent bullying, including working with parents and carers. More than 80 schools in England and Wales currently hold the ality mark

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6. STAY INFORMED

Make sure you know your child's school's definition of, response to and relevant contacts for bullying. This information should be in their anti-bullying policy, which ought to be availabl on the school's website. Class teachers or form tutors are usually the first point of contact, though there may be dedicated support teams or key workers to help your child, depending on the specific situation.

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#### 1.1. 7. PREP YOUR CHILD FOR THE RESPONSE **?**

Schools' responses to builtying vary depending on whether they're resolving disogreements and arguments, or addressing unintended verbal or physical harm and so on. It's import to work out with your child whether any harm was intentional, how much control they had or the cituation and how often such incidents ha e situation and how often such in curred. Reporting concerns acci e best outcome for your child ma



ict the school, make sure you've hen you contact the school, make sure you ve ecisely described what your child parienced what happened, when, where; and he was involved. This will help the school to vestigate further, identifying any witnesses, as ell as those who were directly involved. It can so help the school to know how your child is eling and how they'd like the matter to be school

9. LIAISE WITH THE SCHOOL

Any school has a duty to ensure that the members of its community leal safe and included. It's important for children to learn their role in this. The school must determine how best to restore these feelings of safety and respect. It's otten best for schools to keep parents and carers informed of any action taken – and for families to avoid taking matters into their own hands.





Once the issue has been resolved and the bullying behaviour has stopped, your child may still feel anxious and might find it difficult to rebuild relationships or develop new ones. Parents, caters and the school should all keep an eye on how the child is feeling and acting over the following months. Any relevant information should be shared, so that further support can be planned if necessary.



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# Make space for the Women & Girls' Park Take Over! See it, try it, love it!





FREE ACTIVITIES Football, Netball Basketball, Tennis Dance and more...



Find us outside the cafe by the Park View Road entrance!

For more details contact: get.active@haringey.gov.uk

Sat 23 March 1pm to 5pm Down Lane Park N17



# Haringey

# Women & Girls' Park Take Over!



### TIMETABLE

Activity	Time
Football	1pm - 5pm
Tennis	1.30pm - 4.30pm
Basketball	1pm - 5pm
Netball	1pm - 5pm
Dance class	2pm - 3pm
Legs, bums, tums class	3pm - 4pm
Self Defence	3.30pm - 4.30pm



For more details contact: get.active@haringey.gov.uk

This event is part of Women's History Month



## **Reception:**

This week I have chosen **A-R** as a star for her superb writing. She has grown so much in confidence and was able to write four sentences independently. Keep up the amazing work!

I would also like to choose **M-R** for her determination and perseverance to conquer her fears and jump from mushroom to mushroom in the playground. She was so nervous at the beginning that her knees were wobbling but she did not give up! Well done!



## Class 1:

I would like to say a big well done to **E** this week for being a great class star. You really listened carefully to our R. E lesson this week all around Baptism. You did some amazing writing about what a Baptism ceremony is and why it is so important to Catholics and the church. Well done for adding such great detail about how it is celebrated the special words that the priest says and what special objects are used in a Baptism independently I can see that you really know in great depth all about this special ceremony and why it is so important.

In our RHE lesson this week we were thinking about friendships and what makes a good friend and a bad friend. We watched a series of learning videos and had a great class discussion about the different qualities a good friend and a bad friend may have. I was really impressed with **S** this week because as we were looking at the ideas as a class on our learning table, he noticed that one of his class friends could not see the ideas table very well. It was heart warming to see you go up to your friend and usher him to go closer to the table and to actually give up your own space where you were standing so that he could see much better. I thought that showed such kindness and caring qualities. So well done for thinking of others and for being so thoughtful this week.



## Class 2:

This week we have a maths star in Class 2. T has worked really hard with the money topic that we have started this week. It has not always been easy to count up the amounts and work out which coins you need to use but he has shown such great enthusiasm through the lessons. This is a great example for the other children in class to follow too. Well done T and keep working hard!

The other star this week is going to someone that has worked really hard with the new skills we have been learning during writing time. This person has been trying so hard but what was great to see is that she asks questions to confirm that she is doing the right thing. This is also helpful to the rest of the class as her questions are helping them with their learning. Well done N and keep up the hard work!



## Class 3:

**W** – For settling in so well into Year 3. She has been in SJV for just over a week and it has been lovely to see her settle in, it's like she has always been a member of the class. She has been working really hard in lessons, she listens carefully and she is kind and polite. Well done on your first week!

N – For always contributing to whole class discussions. She enjoys sharing her ideas with others and is always willing to answer questions with insightful observations. She also enjoys helping her partner during lessons. Well done!



## Class 4:

We would like to thank all of Class 4 who have worked extremely hard this week however two children who really impressed us were J and G. J constantly strives for excellence in everything he does He takes pride in his work and this week while working on complex sentences, he used his accumulated knowledge to produce work of a very high standard. Well done J. Our second star goes to G, she has all the qualities of a dedicated learner and teacher! She shows great flair for computing and was able to explain all of the steps necessary to create a website to the class with clarity and patience. Thank you G!

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## Class 5:

Our first star this week goes to someone with a beautiful soul who shows such kindness and caring every single day. She is unfailingly polite to children and adults alike around the school and is always the first person to offer any kind of help when it is needed. This week, she shone brightly as she took our new class member under her wing and made sure that she was looked after and included. Well done to **S**. Our second star is for a mathematician who, again, always goes out of his way to make sure the children on his table are looked after. He always has an eye out for someone in need but he doesn't just hand over an answer and move in. He spends his time and thought helping the person to find their way around the method, making sure they are secure. Well done to the miniteacher, **R**.



## Class 6:

N - N showed himself to quietly and confidently work his way through our practice tests this week without any fuss. He tried his best in all that he did and should be very proud of his efforts. Furthermore, in History he listened carefully to teacher input and teacher feedback and has so far produced two very good paragraphs of writing showing his excellent knowledge in the Ethiopia and Benin topic. Well done N!

O - O is kind, patient and shows generosity with his time and ideas with his partner and anyone he works with. He also show that when you listen carefully, your knowledge and understanding get better and better. Well done O! Keep up the good work!







Moving up the swimming achievement ladder!

RED AWARD

RED AWARD

# TWO Krate medals for the martial artist!

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